













Greetings! Thank you for being part of our loyal readership this year. As we wrap up 2022, I am thrilled to share with you a few updates about the stories we've shared through Optimistic Voices Podcast, our global health strides, and exciting developments that will be happening in the new year. I hope you stay connected by following us on Instagram, Twitter, Facebook, and LinkedIn. Wishing you a happy new year from all of us at Helping Children Worldwide.

Some highlights of stories in this issue:

- **COVER STORY**: A glimpse of our podcast statistics for the year and a chance to catch up on the top 5 most listened-to episodes.
- HCW's Together for Global Health merges with Compassionate Birth Network.
- Check out our Director for Mission Advancement & Partnership; Emmanuel M. Nabieu's Memoir of hope, resilience, and transformation. Read his true life story about surviving the civil war in Sierra Leone and navigating life on the streets and the orphanage. "At first heartwarming, then heartbreaking...his humor and hopeful soul shines through every moment of the tale..."

And as to exciting developments in 2023:

- HCW awarded grant to film "The Story of Change" documentary.
- Living into our name:
 - Establishing our Global South Office in Sierra Leone.
 - Together for Global Health Network will be hosting a Global Heath Conference in Washington, DC this March, and leading a multiorganization health mission to Sierra Leone.

Happy holidays,

Melody Curtiss,

HCW Executive Director and part-time sound engineer for Optimistic Voices Podcast!

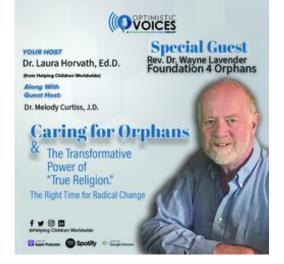


We have had extra-ordinary success! For a **7-month-old** podcast with just **16 episodes**, we have had over **600 downloads** from across the United States, Africa, Europe, and Asia.

If you have not joined in the conversation already, **CLICK HERE** to subscribe and follow our podcast as we discuss issues about **child welfare**, **global health**, and **ethical short-term missions**. It is available on Apple Podcast, Spotify, Google Podcast, and several other podcasting platforms. You can also check out our podcast website directly **HERE**.

Most importantly, here is an opportunity to check out our audience's favorite episodes of the year. Click "Read more" to go to the show notes and podcast where you can listen in and learn more. In addition to these episodes, you can learn about maternal/infant mortality issues; health disparities; taking attachment theory caregiver training global; life after growing up in an orphanage in Liberia; launching the child prosperity center in Sierra Leone; transforming orphanages into family support centers; one health theory, global health theory, our own vision of the future - and more!

1. Transforming Orphan Care in an Orphan Pandemic: "Pure Religion"



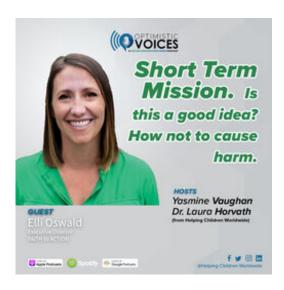
Transforming Orphan Care in an Orphan Pandemic: "Pure...

We've asked Reverend Wayne Lavender to be our guest on this episode of Optimistic Voices. The Rev. Wayne Lavender, Ph.D., is a United Methodist pastor currently serving as the executive director of the Foundation 4 Orphans and faculty member in t...

Read more

www.buzzsprout.com

2. Short Term Mission - Do no harm means we'll take the time to do it right!



Short Term Mission - Do no harm means we'll take the...

Hosts Yasmine Vaughan and Dr. Laura Horvath: We're happy to have with us today, Elli Oswald from Faith to Action, to talk about how they share with others best practices in short term missions. In particular, we are eager to have her talk about the...

Read more

3. A Methodist Church Grassroots Initiative - "A Strong Family for Every Child"



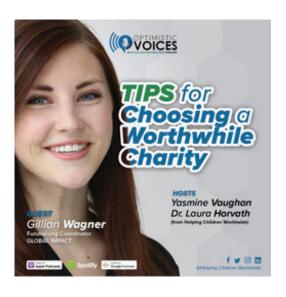
A Methodist Church Grassroots Initiative - "A Strong...

In this episode, guest host Rev. Tom Berlin, Senior Pastor of Floris UMC in Herndon, Virginia, and co-founder of the mission of Helping Children Worldwide, interviews a panel of representatives from the UMC Strong Family for Every Child...

Read more

www.buzzsprout.com

4. Tips for Choosing a Worthwhile Charity



Tips for Choosing a Worthwhile Charity - Optimistic Voices

In this episode, Yasmine Vaughan and Dr. Laura Horvath discuss how donors can make better decisions when investing their money in charitable giving. How to recognize red flags and warning signs, versus indicators that a nonprofit organization is...

Read more

www.buzzsprout.com

5. Child Welfare: Family Assessments in Child Reintegration Cases



Child Welfare: Family Assessments in Child Reintegration ...

Emmanuel Nabieu of Helping Children Worldwide interviews his colleague and co-host, Dr. Horvath, along with Dr. Andrea Siegel and Dan Hope, Executive Director of SFAC on their experience in trainings with social workers and case managers at the...

Read more

www.buzzsprout.com

Don't forget to <u>share</u> and leave a review so we can be able to produce better and more engaging content for you.

Example instructions for subscribing to our podcast using your Iphone Podcast App on iOS:



1. Open the "Podcasts" app (it has

- the purple logo that looks like a microphone with sound waves or a clothespin with two circles around it..)
- 2. Tap Search.
- Tap the search bar to edit and type "Optimistic Voices", then tap search.
- When the results pop up, tap "Optimistic Voices" (with Helping Children Worldwide at the bottom).
- 5. Tap the Plus (+) button at the top right corner to Follow.

About this Podcast:

Hosts: Dr. Laura Horvath, Emmanuel M. Nabieu, Yasmine Vaughan, Melody Curtiss

Vital voices in the fields of global health, global child welfare reform and family separation, and those intent on conducting ethical missions in low resource communities and developing nations. Join our hosts as they engage in conversations with diverse guests from across the globe, sharing optimistic views, experiences, and suggestions for better and best practices as they discuss these difficult topics.

The podcast is a complement to our new Empower! Magazine. Scan the QR code to the right to read the inaugural edition of Empower! magazine on your phone, or go to our website helpingchildrenworldwide.org and read online. (You can also call our offices at 703-793-9521 x 101 and we'll mail you a print copy.)



Together for Global Health merges with Compassionate Birth Network

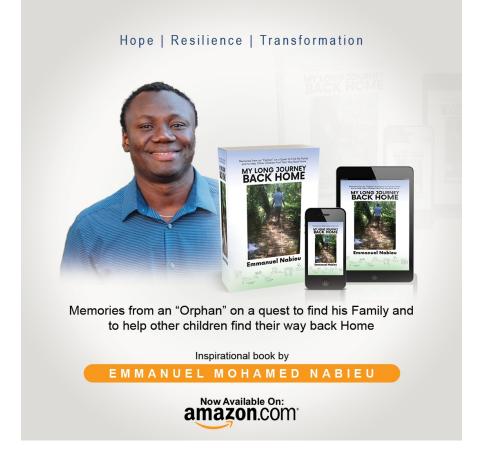


HCW's Together for Global Health Expands Worldwide

Two years ago, HCW formed a network called Together for Global Health (TGH) in order to expand our work to support infant and maternal health, connecting to others engaged in public health in a spirit of 'radical collaboration.' TGH is a global coalition of organizations dedicated to promoting sustainable health care and wellness in low-resource communities to ensure the people we serve can receive care regardless of their ability to pay. As 2022 draws to a close, our network consists of 20 members in 21 countries.

Read more

When did you last read an absorbing and deeply moving true story of hope, resilience, and transformation?



Read the full story of how Nabs (our Director for Mission Advancement and Partnership) overcame severe trauma, bitterness, and potentially soul-crushing life challenges and found joy in bringing hope and building significance into the lives of countless numbers of vulnerable children and families.

Grab your copy now on Amazon

HCW to film "The Story of Change" Documentary in 2023



Samuel Rich, Filmmaker

HCW is proud to have won a major grant from the First Fruit Foundation to complete the development of a Family Care Model Expansion Package featuring a "Story of Change" documentary as part of HCW's Continental Partnership Development Strategy. Filming will begin in 2023, with the goal of a film release early in 2024. Award-winning filmmaker, Sam Rich (Lost Kites) (Dear Panama) has agreed to create the film with our team, Dr. Laura Horvath, Dr. Melody Curtiss, Emmanuel M. Nabieu, and David. T. Musa.

Read more

HCW Global South Office in Sierra Leone



In 2023, Helping Children worldwide will be registering as an International Nongovernmental Organization (INGO) in Sierra Leone - to have an office that is closer to the work that we are doing.

More information to follow.

Global Health Conference in 2023



Rising Tides Global Health Conference 2023

This year's Rising Tides conference is focused on global public health in low-resource countries, and specifically on how to best define and manage our roles in SDG 3 (health for all) and SDG 17 (capacity development).

FAMILY EMPOWERMENT ADVOCACY





Empower A Family

In Sierra Leone, families on the low end of the economic spectrum generally provide for themselves through some combination of subsistence farming and street selling, often living on the edge of survival.

Read more

www.helpingchildrenworldwid

You can Table Fellowship with your local congregation or other friends interested in child welfare ministries with our Breaking Breads materials and join the Rising Tides movement to lift all boats!

Mohamed Nabieu, Laura Horvath, Melody Curtiss and Yasmine Vaughan have been traveling to visit with partner churches to share many ways to get involved with the mission to strengthen and empower families and communities. Even if you can't join us at the Leadership Institute in Kansas City, or the Christian Alliance for Orphans International Summit in Atlanta, you can begin the conversation about how do engage with important work to end the family separation crisis at your own church. There are resources for international partnerships, for local church leadership and for young adults. **Contact Dr. Laura Horvath** to discuss which table fellowship guide would work best for your needs and how to get the resources. You can also **register to obtain the resources** and review them to help you decide how you could use this resource in your ministry!

Learn more about it. <u>Dr. Andrea Siegel walks you through how to do Table Fellowship.</u>

MORE WAYS TO SUPPORT HCW'S MISSION

Did you know that you can support HCW by shopping on Amazon?

Make Helping Children Worldwide your designated AmazonSmile charity and every time you shop, Amazon donates a small portion of your purchase. Click on this link to get started.





"The welfare and the future of our societies depend on our capacity to remain mobilized so as to improve the health of every mother and child." — Jean Ping

"It is easier to build up a child than it is to repair an adult."— Sayings

"Child welfare ought really to cover all sorts of topics, such as better water and sanitation and good roads, and clean streets and public parks and playgrounds."

— Marjory Stoneman Douglas

"The only [child welfare] systems that succeed emphasize family preservation."—
Richard Wexler

"If a child is given love, he becomes loving ...If he's helped when he needs help, he becomes helpful. And if he has been truly valued at home ...he grows up secure enough to look beyond himself to the welfare of others." — Joyce Brothers

Psalm 127:3

"Children are a gift from the Lord; they are a reward from him."



Families and children gather at a medical outreach in Fengehun village. Learn how the Child Reintegration Centre and Mercy Hospital are helping families like these: www.helpingchildrenworldwide.org

FOLLOW US ON SOCIAL MEDIA











Helping Children Worldwide is a 501(c)(3) nonprofit organization www.helpingchildrenworldwide.org | EIN 76-0729857 | CFC #44370



Not getting information you want or too many emails from us? Update your profile at the link below so we can serve you better.

PLEASE SHARE THIS NEWSLETTER OR OUR SHORT INFORMATIONAL VIDEO ON YOUR SOCIAL MEDIA AND EMAIL TO YOUR FRIENDS!







